

Owners and artists Neil and Anita Lawrence invite you to enjoy a meal or a browse in our cafe and gallery. We offer a Full Espresso Bar and organic fair trade coffee as well as cold, refreshing smoothies. Our pottery and clay designs surround the cafe and is available to purchase or simply enjoy while you eat.

Baked Goods - made fresh daily

Cookies	1.25
Muffins	1.75
Danish	1.50
Brioche	1.75
Cinnamon Whirl	1.75
Squares	1.75
Mini Loaves	2.25
Tarts	1.75
Filled Croissant	2.50
Nootka trail bar	2.00

Breakfast is served from 6:00 a.m. to 11:00 a.m. daily.

Eggs Benny	9.25
French toast	7.95
Pancakes	7.95
Morning riser	7.95
Breakfast Bagel	4.25
Breakfast wraps	5.95
continental	4.95
and a homemade granola with yogurt	4.95

Lunch is available for eat in or take out

Soups Made fresh Daily	Cup	3.25
	Bowl	4.95

Sandwiches or wraps: all served with fresh salad such as coleslaw, pasta or fruit salad - whatever strikes our fancy or availability. 7.95 each

Chicken salad, Egg salad, Very Veggie, Deli, Shrimp and Jack, Tropical Turkey, Chicken Caesar, Spicy Thai, Grilled cheese, Grilled Ham and Cheese, BLT

Panini Sandwiches 8.95

Roast Chicken, Edam Cheese, red onion and hoisen sauce

Roast beef, Edam Cheese, Spinach and Thai sauce

Potters Platter for one: 8.95
for two 12.95

Greek Souvlaki 7.95

Salads

Garden salad - full of fresh veggies, feta cheese, sunflower seeds and cranberries

Caesar Salad - with homemade croutons

7.95
with grilled chicken or grilled salmon 10.95

Childrens menu available

Special Picnic lunches available (pre-order)

enjoy a relaxing meal in an
inviting atmosphere at



Menu

500 Industrial park place
Just over the gold river
on your way to the waterfront

Box 463

Gold River, B.C. V0P 1G0

283-2374